

## LETTER TO THE EDITOR

# The Transformative Impact of Deep Learning and Artificial Intelligence on Parasitic Disease Diagnosis

Mohamed N. Ibrahim, Hamad H. Alanazi, Eman Fawzy El Azab

*Department of Clinical Laboratory Sciences, College of Applied Medical Sciences -Qurrayat, Jouf University, Al-Qurayyat, Saudi Arabia*

## SUMMARY

**Background:** Artificial intelligence (AI), particularly deep learning (DL), is transforming parasitic disease diagnosis by addressing challenges in accuracy and accessibility. Convolutional neural networks (CNNs) and machine learning (ML) offer rapid detection of pathogens causing malaria, leishmaniasis, and schistosomiasis, promising significant advancements in global health.

**Methods:** This letter reviewed AI applications, focusing on CNNs and ML for detecting parasitic pathogens in clinical samples, imaging, and epidemiological data. The analysis highlights model efficacy, challenges such as data variability and bias, and the potential of AI integration with portable diagnostics in resource-constrained settings.

**Results:** AI-driven diagnostics demonstrate superior sensitivity and specificity in identifying malaria, leishmaniasis, and schistosomiasis compared to conventional methods. However, data heterogeneity and algorithmic bias pose challenges. Combining AI with portable tools shows potential for improving diagnosis in endemic regions.

**Conclusions:** AI, particularly DL, holds transformative potential for parasitic disease diagnosis. Overcoming data and bias challenges is essential for ethical and equitable implementation. Collaborative efforts to integrate AI with portable diagnostics can enhance global health outcomes in endemic areas.

(Clin. Lab. 2026;72:xx-xx. DOI: 10.7754/Clin.Lab.2025.250543)

---

### Correspondence:

Mohamed N. Ibrahim, PhD

Assistant Professor

Clinical Laboratory Science Department

College of Applied Medical Sciences-Qurrayat

Jouf University

77451, Al-Qurayyat

Saudi Arabia

Phone: +966 562698734

Email: mnabil@ju.edu.sa

### KEYWORDS

artificial intelligence, deep learning, parasitology, diagnostic tools, machine learning, Malaria, Schistosomiasis, Leishmaniasis

## LETTER TO THE EDITOR

Especially in low-resource settings where diagnostic services are frequently lacking, parasitic infections remain a major worldwide health concern. Recent developments in artificial intelligence (AI) and deep learning (DL) have opened revolutionary opportunities for improving the detection and control of such diseases. Underpinned by advanced convolutional neural networks (CNNs), these technologies offer scalable and efficient diagnostic tools with the possibility to beat conventional approaches in terms of speed and dependability [1]. AI-Enhanced Visual Diagnostics and Microscopy DL-based image analysis systems have exhibited outstanding performance in recognizing parasitic forms on staining

ed slides. By means of diagnostic accuracy above 96%, CNNs can distinguish parasitic components like Plasmodium species, hence enabling quick reading of blood smear pictures and reducing human mistakes [2]. Automated detection of *Schistosoma* ova in stool and urine samples has likewise increased sensitivity and specificity in field diagnoses. By simplifying diagnostic processes, these technologies provide high-throughput screening appropriate for mass surveys in endemic zones [2,3].

Apart from microscopy, artificial intelligence plays a major role in molecular diagnostics. ML models have been used to analyze polymerase chain reaction (PCR) results in greater discrimination across parasite species, including cutaneous and visceral forms of *Leishmania* [4]. Furthermore, deep learning systems used on genetic sequences can find drug resistance-related mutations, hence enabling tailored treatment plans for diseases like malaria. By providing practical answers for under-resourced labs, these tools reduce the technical barrier to sophisticated diagnoses [1,5].

Point-of-care diagnostic systems have emerged from artificial intelligence's convergence with mobile technologies. Enabling field-ready diagnoses in distant areas, smartphone-based microscopes fitted with DL algorithms have shown promise in identifying parasites including *Trypanosoma brucei*. These instruments help non-specialist health professionals to conduct consistent tests, hence decentralizing healthcare delivery and fostering diagnostic equity [6].

By examining spatial and temporal disease data, AI-driven models can also assist public health decision-making. DL algorithms educated on environmental and demographic criteria have been used to forecast outbreaks of diseases like lymphatic filariasis and predict transmission hubs. Such knowledge helps to strategically deploy interventions, therefore enhancing the efficacy of disease control initiatives [1,7].

Though promising, difficulties still exist. Different sample quality and imaging standards across areas restrict model portability. One must consider the possibility of algorithmic prejudice brought on by underrepresentation of groups in training data. Using artificial intelligence systems, especially those depending on cloud infrastructure, demands privacy and data security as well as algorithmic bias caused by underrepresentation of populations in training datasets. Ethical frameworks are necessary to protect fair access and prevent aggravating health inequalities [8,9].

Improvements in artificial intelligence infrastructure point to a hopeful future for its part in parasitology. While integration with CRISPR-based diagnostics might change genetic-level detection approaches, techniques like transfer learning provide answers for uncommon parasite detection. Ensuring responsible and efficient execution will depend on creating open-access databases, clear validation procedures, and cross-disciplinary collaborations [9,10].

Deep learning and AI are redefining the diagnosis of

parasitic diseases, offering innovative solutions to enhance precision and accessibility. From automated microscopy to molecular profiling and epidemiological forecasting, AI is poised to transform global health strategies. Overcoming challenges through interdisciplinary collaboration will harness AI's full potential, ensuring its role as a vanguard in combating parasitic diseases.

### Funding:

The author received no financial support for the letter, authorship, and/or publication of this article.

### Declaration of Interest:

The authors do not have any conflict of interest.

### References:

1. World Health Organization. (2023). Neglected tropical diseases: Progress report 2022. \*WHO Reports\*, 1-45. <https://www.who.int/teams/control-of-neglected-tropical-diseases/global-report-on-neglected-tropical-diseases-2023>
2. Rajaraman S, Antani SK, Poostchi M, et al. Pre-trained convolutional neural networks as feature extractors toward improved malaria parasite detection in thin blood smear images. *PeerJ* 2018 Apr 16;6:e4568. (PMID: 29682411)
3. Frangos SM, Damrich S, Gueiber D, et al. Deep learning image analysis for continuous single-cell imaging of dynamic processes in *Plasmodium falciparum*-infected erythrocytes. *Commun Biol* 2025 Mar 25;8(1):487. (PMID: 40133663)
4. Ward P, Dahlberg P, Lagatigue O, et al. Affordable artificial Intelligence-based digital pathology for neglected tropical diseases: A proof-of-concept for the detection of soil-transmitted helminths and *Schistosoma mansoni* eggs in Kato-Katz stool thick smears. *PLoS Negl Trop Dis* 2022 Jun 17;16(6):e0010500. (PMID: 35714140)
5. Zare M, Akbariabad H, Parsaei H, et al. A machine learning-based system for detecting leishmaniasis in microscopic images. *BMC Infect Dis* 2022 Jan 12;22(1):48. (PMID: 35022031)
6. Zhang C, Jiang H, Jiang Ha, et al. Deep learning for microscopic examination of protozoan parasites. *Comput Struct Biotechnol J* 2022 Feb 11;20:1036-43. (PMID: 35284048)
7. Deelder W, Diez Benavente E, Phelan J, et al. Using deep learning to identify recent positive selection in malaria parasite sequence data. *Malar J* 2021 Jun 14;20(1):270. (PMID: 34126997)
8. Topol EJ. High-performance medicine: the convergence of human and artificial intelligence. *Nat Med* 2019 Jan;25(1):44-56. (PMID: 30617339)
9. Mennella C, Maniscalco U, De Pietro G, Esposito M. Ethical and regulatory challenges of AI technologies in healthcare: A Narrative review. *Heliyon* 2024 Feb 15;10(4):e26297. (PMID: 38384518)
10. Singh JA. Artificial Intelligence and global health: opportunities and challenges. *Emerg Top Life Sci* 2019 Nov 27;3(6):741-6. (PMID: 32915223)